

Examkrackers MCAT Comprehensive Course, Charles Feng http://fenguin.net/mcat — fenguin@gmail.com — (224) 532-0039

A EUKARYOTIC CELL HAS TWO "SIDES": CYTOSOL/INSIDE VS. ER LUMEN/OUTSIDE Chemicals in environment trying to reach cytosol, vice versa must pass through a membrane Chemicals in environment trying to reach ER lumen, vice versa don't have to pass through a membrane

Nucleus - Contains all DNA within cell

- Has double bilayer membrane called *nuclear envelope* which has *nuclear pores*
- Nucleolus responsible for creating rRNA

#### Plasma Membrane - Phospholipid bilayer

- Endocytosis: how cell gets substances from environment
- Phagocytosis: cell receptor detects particle, cell
  membrane protrudes outward to engulf it
- Pinocytosis: membrane invaginates, engulfs fluid
- Exocytosis: opposite of endocytosis

# Endoplasmic Reticulum - Collection of membrane-bound sacs inside cell

- Rough ER: ER with ribosomes attached, directs new proteins into lumen where they can bud off into transport vesicles
- Smooth ER: Metabolizes sugars, creates fats (triglycerides, steroids, phospholipids), detoxes

Golgi Apparatus - Membrane bound sacs, responsible for transport inside cell

- Modifies proteins from rough ER, then packages & releases them to other parts of cell
- Secretory vesicle: a membrane bound vesicle filled with proteins, growth factors, or ECM components that will exit the cell through exocytosis

**Lysosome** - Special vesicle from Golgi that can digest macromolecules

- Has an acid environment (pH = 5)
- Fuses with endocytotic vesicles or old cell organelles to digest their contents
- Can rupture to kill cell (i.e. programmed cell death/apoptosis)

**Peroxisome** - Vesicles in cell that can break down hydrogen peroxide

• Reproduce themselves







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Plas

Ultrastructure of Cilia and Flagella

uter Doublet

Figure 1

# Cytoskeleton - Network of filaments that provide structural support + motility

Microtubules: hollow tubes made from tubulin

- Make up mitotic spindle, flagella, cilia
- Centrosome: (animal cells) contains two centrioles which create flagella/cilia, help w/ mitosis
- *Flagella/cilia*: 9+2 microtubules, or 9 pairs connected by *dynein* arms surrounding 2 more in the center

Intermediate filaments: can be keratins, lamins, etc.

• Used for cell adhesion, stabilization of organelles, neuron diameter

## Microfilaments: made of actin

- Used for muscle contraction, cytoplasmic streaming, phagocytosis
- Cytoplasmic streaming: how amoeba move

## Mitochondria - Provides power for cell

- Has double membrane, inner membrane folded into *cristae* and surrounds *matrix*
- Endosymbiotic theory: mitochondria was a prokaryote long ago, eaten by an eukaryotic cell
- Has own DNA and ribosomes, replicates independently (but many proteins come from cell)
- Mitochondrial DNA always comes from the mother

Cellular Junctions - How cells are connected to each other

- *Tight junction*: watertight seal, helps separate tissues i.e. inside/outside of intestines
- *Desmosomes*: joins cells at a single point, strong connections helping to hold cells together
- *Gap junctions*: tunnels connecting cells, allows flow of ions/molecules (esp. in heart cells)

## Extracellular Matrix - Network of

polysaccharides/proteins that hold tissues together

- Created + secreted by cells
- Contains structural proteins (i.e. collagen) and proteoglycans

**Cells** → **Tissues** (group of cells w/ specialized function)

- → Organs (group of tissues working together)
- → Systems (group of organs working together)



Specialized cell junctions







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#### **Cellular Communication**

- Neuronal: fast, direct, targets specific cells/tissues (nerves)
- Hormonal: slow, widespread, affects multiple cells/tissues throughout body (bloodstream)

Paracrine System - local hormones released by cells into interstitial fluid

**Neuron** - Transmits electrical signal from one cell to another

- Can't divide
- Doesn't depend on insulin for glucose transport (so +/- insulin levels have no effect)
- *Dendrite* receives signal, transfers to *axon hillock* which generates *action potential* down *axon*
- Axon is usually surrounded by *myelin sheath* with small gaps called *nodes of Ranvier* 
  - o White matter: axons with myelin
  - o Gray matter: axons without myelin
- Myelin makes signal travel much faster (*saltatory conduction*: signal jumps from node to node)
- Myelin is produced by Schwann cells (PNS) or oligodendrocytes (CNS)

# **Action Potential**

All-or-nothing: fires when and only when voltage passes threshold

- 1) Resting potential established by Na<sup>+</sup>/K<sup>+</sup> pump
  - 3 Na<sup>+</sup> out, 2 K<sup>+</sup> in makes inside of cell have (–) charge relative to outside
  - Balance of Na<sup>+</sup>/K<sup>+</sup> pump and Na<sup>+</sup> diffusing in makes constant resting potential
- 2) <u>Depolarization</u>: voltage-gated Na<sup>+</sup> channels open, Na<sup>+</sup> diffuses into cell
  - Inside of cell develops a (+) charge relative to outside (polarity flips)
- 4) <u>Repolarization</u>: Na<sup>+</sup> channels close, voltage-gated K<sup>+</sup> channels open, K<sup>+</sup> diffuses out of cell
  - Inside of cell redevelops a (-) charge relative to outside
- 5) <u>Hyperpolarization</u>: inside of cell becomes more (–) than resting potential due to K<sup>+</sup> flow
- 6) <u>Refractory period</u>: K<sup>+</sup> channels close
  - Na<sup>+</sup>/K<sup>+</sup> pump takes a while to bring cell back to resting potential
  - Cell can't have another action potential at this time





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Synapse - How signal is transmitted between neurons

Electrical synapse: in cardiac/smooth muscle cells

• Gap junctions allow electrical signal to go through, much faster than chemical synapse

<u>Chemical synapse</u>: neurotransmitters released into synaptic cleft, diffuses to receptors on next cell

- Second messenger system: G protein connected to receptor is activated when neurotransmitter binds, can subsequently open channels, activate proteins or cause gene transcription
- Can happen in only one direction, slowest part of neuron



Peripheral Nervous System (PNS): everything else

- *Somatic Nervous System*: (voluntary) sensory + motor functions, responds to environment
- Controls skeletal muscle, uses *acetylcholine Autonomic nervous system*: (involuntary) controls
- smooth muscle, cardiac muscle,
  - Sympathetic ANS: "fight or flight", increases heart rate, increases blood flow to skeletal muscles, decreases blood flow to digestive system
  - Parasympathetic ANS: "rest and digest", opposite of sympathetic
  - Sympathetic uses epinephrine/norepinephrine, parasympathetic uses acetylcholine



# **Types of Neurons**

- Sensory/afferent: carries signals from receptors to brain via interneurons
- Interneurons: carries signal from neuron to neuron
- Motor/efferent: carries signals from brain to muscles/glands

## **Divisions of the Nervous System**

#### Central Nervous System (CNS): brain + spinal cord

- Lower brain: medulla, hypothalamus, thalamus, cerebellum
  Subconscious activities i.e. breathing, blood pressure, emotions, reactions to pain
- *Higher brain*: cerebrum, cerebral cortex
  - Conscious activities i.e. memories, thoughts





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# Eye

Light passes through the following (in order):

- Cornea: clear tissue made from collagen, bends light a bit
- *Pupil*: hole behind cornea, size controlled by iris muscles to let more/less light in
- Lens: focuses light on retina, controlled by ciliary muscle
- *Retina*: back of eye, contains rods/cones which are light-sensitive
  Rods are more sensitive but can't distinguish colors
  - Cones less sensitive but have three types that detect colors

## Ear

Sound waves pass through the following (in order):

- (OE) Auditory canal
- (OE) Tympanic membrane (eardrum): vibrates to transfer sound to middle ear bones
- (ME) Malleus/incus/stapes: small bones that transfer sound to oval window
- (IE) Cochlea: receives pressure wave from oval window which affects cells inside
- o Hair cells inside organ of Corti: converts pressure to electrical signal to brain
  - Semicircular canals: three in xyz directions, responsible for balance





#### Nose/Mouth

- Contains chemoreceptors that give things flavor
- We can taste bitter/sour/salty/sweet